Doncaster Health & Well Being Board Performance Report

Q3 2016-17

Appendix A

*Values below 5 have been rounded to 0 or 5

** If performance is outside of a control limit the text [Beyond Control Limit Q3 2016-17] will be used.

OUTCOME 1 All Doncaster residents to have the opportunity to be a healthy weight a) % of Children that are classified as overweight or Obese (Aged 4/5) b) % of Children that are classified as overweight or Obese (Aged 10/11) 27.5% 37.5% 35% 23.8% 32.5% 30% 27.5% 15% 25% Forecast (Years) — National Average Years — Forecast (Years) — National Average **INDICATORS** c) % of Adults Overweight or Obese d) % of adults achieving at least 150 minutes of physical activity per week 90% 70% 80% 65% 70% 60% 60% 55% 50% 50% 40% 45% 40% 20% 35% 10% 30% 0% 25% Years — Forecast (Years) — National Average - Years - Forecast (Years) - National Average

e) Number of people participating at DCLT Leisure Centres per 1000 population (includes multiple visits) 2,500



NCMP data for 2015/16 is now available. For Doncaster we have seen a slight increase in overweight and obese children at reception from 22.2% in 2104/15 to 23.9% in 2015/16. There was a slight decrease in overweight and obese children at Year 6, a drop from 34% in 2014/15 to 33.7% in 2015/16. The local research study conducted by a PH Registrar around NCMP trends over the last 9 years is now completed and the findings are available. Key findings indicate a significant increase in overweight and obese children between reception and year 6 suggesting primary school aged children should be targeted for obesity intervention initiatives. Findings also demonstrate children from more deprived areas to be more likely to be overweight and obese as is reflected in nationally reported data.

STORY BEHIND THE BASELINE

A new accreditation scheme has been developed for educational settings based on the previously DH led Healthy Schools criteria. Settings will be required to produce evidence of positive steps taken towards supporting and promoting the health and wellbeing of pupils to gain accreditation. Specific sections on healthy eating and physical activity are included. The scheme will be open to all settings accepting children from ages 2 and up. The scheme is currently being piloted with settings and will be launched in the New Year.

Tier 3 Weight management service for children has now ended (Sept) and is being effectively managed by the provider. Signposting information is being developed to provide alternative options within the wider community for the public via health professionals.

The Food plan was disseminated to key professionals and stakeholders as an online resource.

The first meeting of an **Obesity Alliance t**ook place in Q2 and the following work streams were agreed for further consideration and which would have the greatest impact: **Food/Families/Physical activity and social media**. A whole system and family approach was agreed as a priority. Social media and good news stories would be key to a social movement and culture change around weight management.

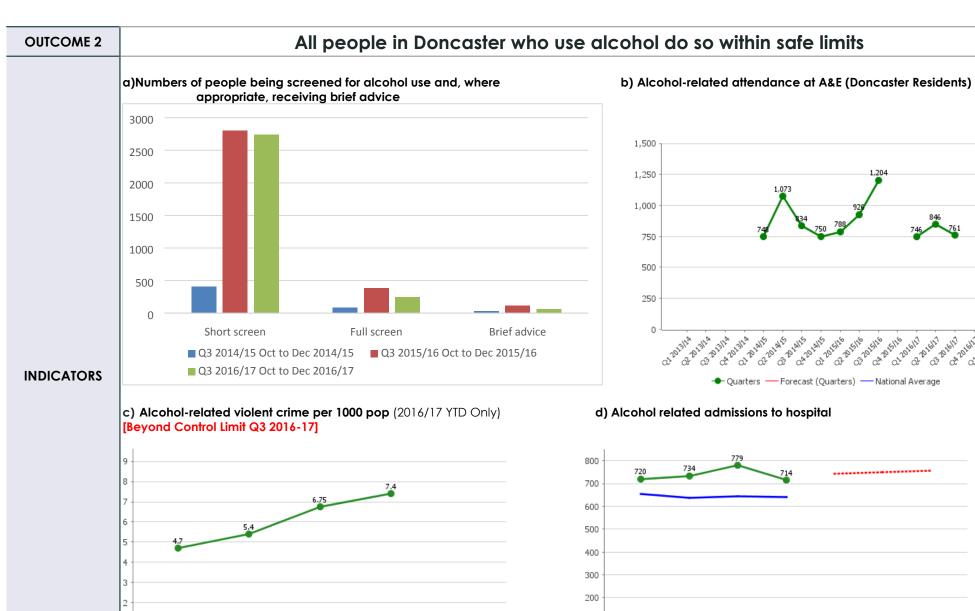
Actions agreed included: reviewing local data compared to national data; health and well-being of workforce; asset mapping and stock take of current activity including childhood obesity; collective stories and mapping on food (Top 10 tips), physical activity (usage of parks and green spaces) and weight management;

reviewing membership in terms of planning and Communications representation. The next meeting will take place in Q3 and a work plan will be produced.

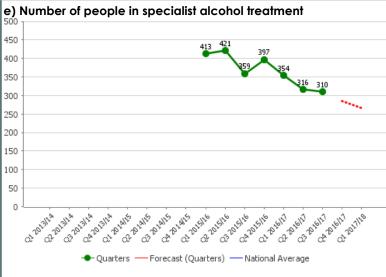
Local research undertaken by Masters students around **food banks and food takeaways** are now completed. Policy briefs and recommendations are now available on request. The findings from these studies will be incorporated into the Healthy Weight plan and recommendations will be fed back to the Obesity Alliance.

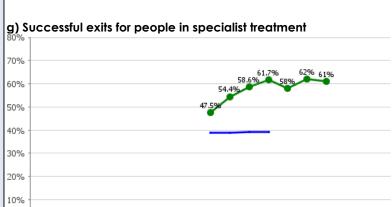
The second quarter of 2016/17 sees Total visits to all DCLT facilities was 548,075 compared to the same period in 2015 this represents up 19% increase. Health and Fitness membership sales continue to be strong and every venue under the portfolio has achieved the sales and retention targets for the quarter. Total members are 16'657 which is 76% of target. Aquatic sales are also strong with current occupancy levels across the portfolio at 91%, translating to 6,753 young people attending swimming lessons.

What we will achieve in 2016-17 What we will do next period 1. Public Health are working in collaboration to address healthy food 1. Look at the findings of the NCMP data - 2015/16 data to identify any key trends options: the work around proximity of takeaways and healthy food and feed into the Children Young People and Families operational plan and choices is underway and results will be provided when available. Two Healthy Doncaster aroup research studies are being undertaken around food takeaways and 2. Launch new healthy educational settings accreditation criteria including sections food banks. on healthy eating and physical activity 3. Embark on research project to rate implementation of obesity prevention 2. Physical activity proxy measures through discount promotions are guidance in junior schools being explored. 4. Review and refresh Doncaster Infant Feeding Guidelines **ACTION** 3. The One You Campaign has been launched and a walking Provide signposting information to GPs and allied professionals **PLAN** campaign is to be launched in September 2016. Develop a Healthy Weight plan for Doncaster and an obesity map Incorporate findings and recommendations from the food research studies 4. NCMP data analysis. Look at models elsewhere including Sustainable food cities and research around the food environment 5. Ongoing work around the development of health policies into the local plan. 9. Build on the work already established with the local plan, food policy and PA initiatives 10. Input at Healthy Weight regional meetings including obesity pathway indicators and whole system approaches; part of CLARHC and Leeds Beckett Park studies around Whole system approaches



◆ Years — Forecast (Years) — National Average





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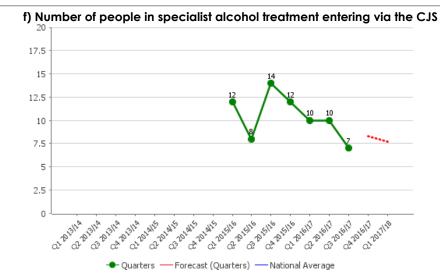
Quarters — Forecast (Quarters) — National Average

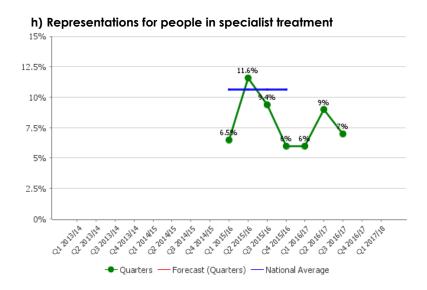
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STORY BEHIND THE BASELINE

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Indicator a – Information Provided by ASPIRE September -December data only. Aspire is now managina the contracts directly and there has been an increase in activity. It is planned that through liaison with the LMC more practices will sign up.

Indicator b - Significant difference in data reported due to change in data source (CCG to DRI). Q2 16/17 data received from CCG instead of directly from

Indicator c -At present, there is no definition of alcohol-related violence within the National Crime Recording Standard (NCRS) or Home Office Counting Rules (HOCR), although there is guidance within the National Standard for Incident Recording (NSIR). (Latest available data) Alcohol-related crime has increased significantly from a low in 2012/13. The Joint Strategic Intelligence Assessment notes this increase citing increases in Town Centre violence and recorded domestic abuse, but also discrepancies in the recording process.

Indicator d –. Latest data available. Alcohol-related admissions increased up to 2013/14 and were consistently above England. The rate for 2014/15 appears to decrease sharply though this requires further investigation. These admissions are primarily linked to cancer, unintentional injuries and mental/behavioural disorders. Doncaster is significantly worse than England average

Measure e –Numbers in specialist treatment have reduced by approx. 60 people since April 2016. There are estimated to be approx 5,600 dependent drinkers in Doncaster therefore the aim is to increase the number of people accessing services. Aspire have been alerted to this apparent decrease.

Measure f –Numbers entering via the criminal justice system are low and the aim is to increase the numbers entering via this pathway (as a benchmark the Probation Service historically targeted 80 service users per year). This decrease may be a result of changes in the CJS, reducing the number of Alcohol Treatment Requirements (ATRs) issued by Magistrates (e.g. less use of alcohol conditional cautions, the reorganisation of probation into the National Probation Service and Community Rehabilitation Companies).

Measure g - successful exits stood at 60% in September 2016, which is above the local target (36%) and above the national rate for England (39%). The aim is to maintain this performance through the mobilisation of the new service.

Measure h - re-presentations (people who exit successfully but return to services within 6 months) stood at 9% in September 2016, which is better performance than the national figure of 10.6%. Re-presentations were declining prior to the gap in data linked to the national system, however the aim is to improve this performance. When interpreting the data, it is important to bear in mind that some people may relapse and do not represent to the service.

1. Work with GP practices to expand and improve screening and interventions from this year to next, delivered via RDASH/Aspire subcontract.

What we will achieve in 2016-17

- 2. Learn from the evaluation the Community Alcohol Partnership (CAP) in Askern, Campsall and Norton. The model was expanded to Conisbrough and Denaby in November 2015.
- 3. Make greater use of campaigns to raise public awareness and influence attitudes to alcohol in the population. Fixed national dates include Alcohol Awareness Week and Dry January while local campaigns will likely include topics such as alcohol and cancer, alcohol in pregnancy, alcohol and older people and the link between alcohol and house fires.

4. Improve the referral pathway between hospitals and the treatment system and enhance the identification and support to people repeatedly attending A&E or admitted to wards. Alcohol Concern defines these as 'Blue Light' clients - people who become vulnerable and isolated so that emergency services are their only source of support..

- 5. Increase public and professional awareness re alcohol and older people through partnership with services which work with older people. A leaflet and poster campaign has been produced and distributed across Doncaster highlighting the increasing issue.
- 6. Deliver a 'safe haven' piloted for a year between December 2016 through to end of September 2017

What we will do next period

- 1. Monthly monitoring of exits and representations.
- Continuing to monitor and screening and brief interventions through GP practices contracted via RDASH.
- 3. Delivering public awareness campaigns and planning for the year.
- 4. Look at ways to Increase screening of alcohol identifying high-risk drinkers to access alcohol services earlier
- 5. Promotion of 'age well drink wiser' highlighting alcohol and older people
- 6. A leaflet specifically for dependent drinkers called 'Dying for a drink' has been produced and distributed to A&E and DRI, custody suite and other areas
- 7. Public Health leading led on the delivery of a Safe Haven in Doncaster Town Centre on Saturday nights to 'treat' people with alcohol related issues/harm to alleviate pressure on emergency services and DRI and vulnerability to crime on the 10th of December and subsequent Fridays 16th and 23rd. It is anticipated that the next Safe Haven will take place on Sunday the 16th of April (Easter Sunday), May bank holiday and consecutive Saturday's between July and September.
- 8. Assisting the Town Centre Management and the Mayor with working to address the homelessness, begging and ASB as part of the complex lives/blue light initiative.

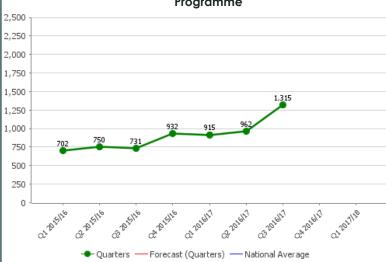
ACTION PLAN



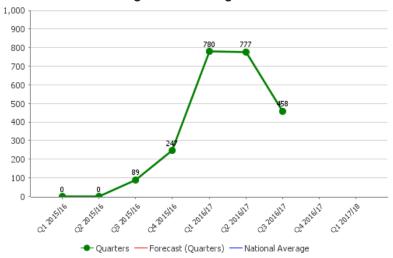
Families who are identified as meeting the eligibility criteria in the expanded Stronger families programme see significant and sustained improvement across all identified issues.

[To Be Refreshed to Include Wider Early Help in Q4]



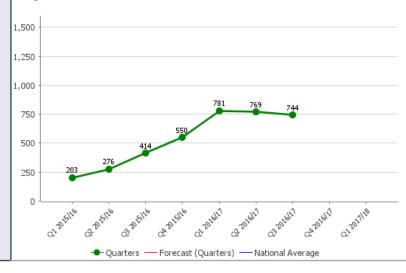


b) Number of families achieving positive outcomes through the **Stronger Families Programme**

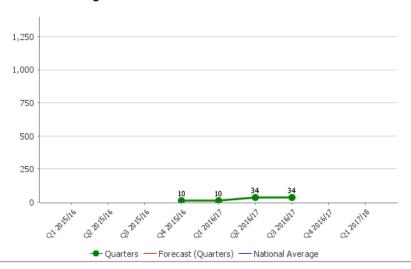


INDICATORS

c) Number of Families Engaged in the Expanded Stronger Families **Programme**



d) Number of family claims made to DCLG through the Expanded Stronger **Families Programme**



Our current total of identified and validated families is 1315. During Quarter 3 our focus has been on strengthening the process of identifying families via the Early Help Hub, historical only approximately 50% of cases screened at the hub are being identified as Stronger Families. We are working on improving this with partners in the Early Help Hub. During Q3 we have also been horizon scanning as part of the on-going service transformation activity for the programme which has highlighted further work to gather families who are eligible from across the Team Doncaster Partnership. We have now defined what needs to take place to gather details of eligible families which will have an impact on our outturn and we expect that this activity will continue throughout Q4 and the resulting performance results at the end of that period. We are not planning to do another data identification process at the moment as we are consolidating the current families we have and this process in its self has inherent issues.

We are currently engaged and working with 744 families who meet 2 or more of the eligibility criteria which is below the accumulative Q3 target. There has been a small decline in the number of families currently being worked due to expected reasons like, moved out of area, no longer family unit, no longer at address, no longer eligible. We expect the target for the remainder of the year to be met by existing eligible families who are yet to be engaged with and families being identified and assessed through the Early Help Hub and Social Care (DCST).

STORY BEHIND THE BASELINE

The next claim results will be reported in Quarter 4 2016/17. While Claims may only be made for sustained and significant progress against all assessed outcomes, or, continuous employment, progress against individual outcomes has been made by many families. This total represents counts of individual progress against outcomes and not individual families. Therefore a family can be counted under more than one outcome so this does not relate to 458 individual families.

The latest progress is:

Outcome 1 (Crime & ASB): 71

Outcome 2 (Children Attending School): 52

Outcome 3 (Children Needing Help): 101

Outcome 4 (Worklessness & Financial Exclusion): 131

Outcome 5 (Domestic Violence): 37

Outcome 6 (Health): 66

There were no further claims processed during Quarter 3 however the preparation for claims has continued throughout Quarter 3. The next claim is in January 2017 and the final claim opportunity is March 2017 and results will be reported in Q4 2016/17.

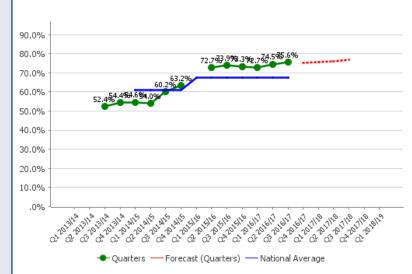
ACTION PLAN 1. To identify as many families who meet the criteria as we can 2. Implement the case management system to allow for easier case management, tracking and progress reporting 3. Commission services needed by families following evaluation of the SF programme. 4. Train multi-agency staff in working with families, 'early help' assessment and case management system inputting. What we will do next period 1. Expand the measures and remit of the area of focus to Early Help for families 2. Prepare for January 2017 claims 3. Train staff in Signs if Safety processes 4. Review areas to be commissioned / where there are gaps.

OUTCOME 4

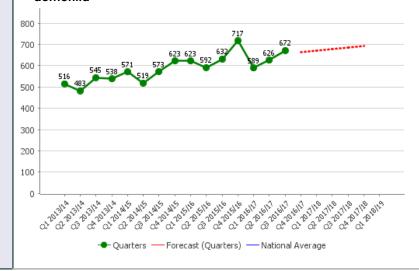
People in Doncaster with dementia and their carers will be supported to live well. Doncaster people understand how they can reduce the risks associated with dementia and are aware of the benefits of an early diagnosis

INDICATORS

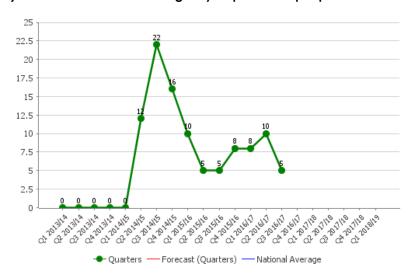
a) Dementia Diagnosis Rate (%)



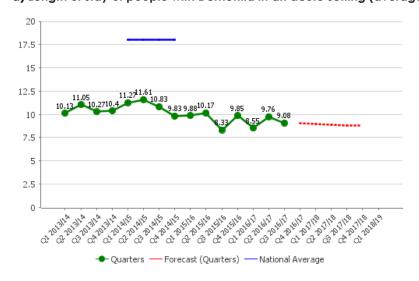
c) Reduce the number of Hospital Admissions (DRI) for people with dementia



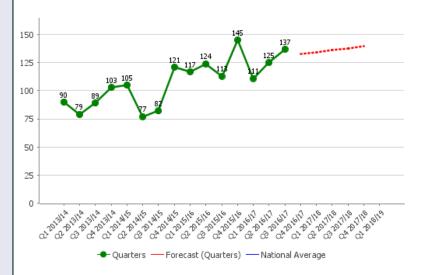
b) Number of 4hr RDaSH Emergency responses for people with dementia



d) Length of stay of people with Dementia in an acute setting (average days)



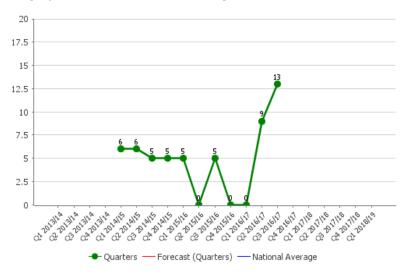
e) Hospital re-admissions within 30 days (DRI) for people with Dementia



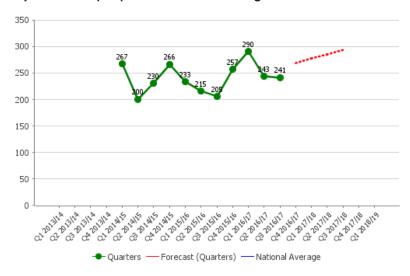
g) Attendances at A&E for people with dementia



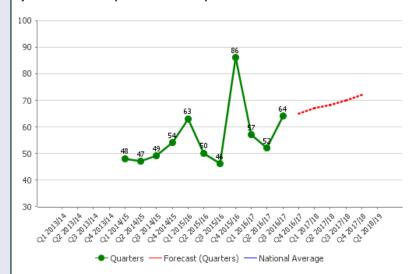
f) Number of patients having any delayed discharges at RDaSH [Beyond Control Limit Q3 2016-17]



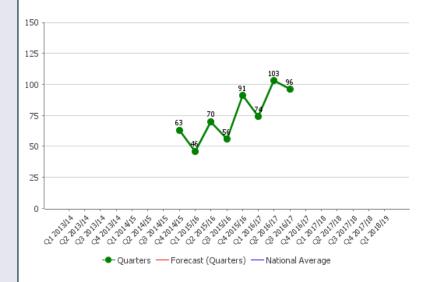
h) Number of people with dementia being admitted from care homes to DRI



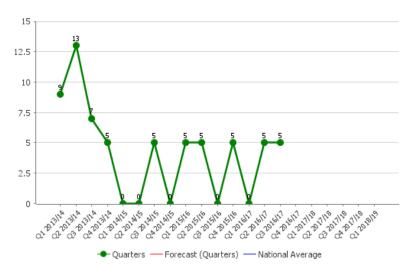
i) Number of Hospital deaths for patients with dementia



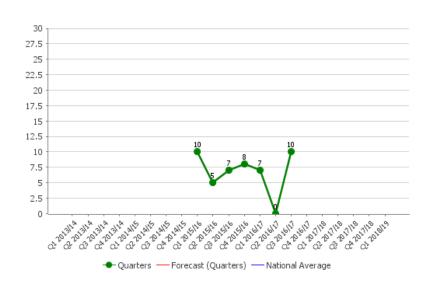
k) Number of installations for Assistive Technology that are for people with Dementia



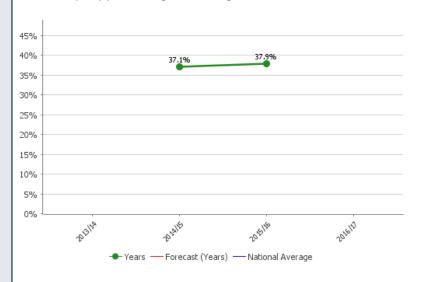
j) Unplanned episodes of Respite for people with Dementia



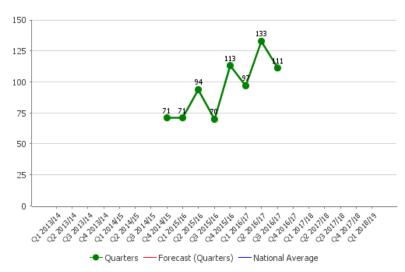
Number of safeguarding referrals involving people with a PSR of Memory & Cognition



M) Proportion of People who access social care services and have a PSR of Memory Support & cognition living at home



N) The number of Assistive Technology referrals (telecare) that are for people with Dementia



STORY BEHIND THE BASELINE

The measures capture the strategic direction of improving diagnosis rates, reducing inequalities and supporting people to live well with dementia by preventing crisis and helping people to be in control of their lives. Doncaster's dementia diagnosis rate is now well over the national ambition of 67%. Having a diagnostic rate of 75.6% leaves an unknown gap of around 914 people over the age of 65 and around 1040 people in total. By being able to identify people with dementia results in 2 key outcomes; firstly it enables people with dementia and their carers to access the right services and support and secondly assists commissioners to identify more accurately activity in the health and social care system so improvements can be made. The delays from RDaSH increased and reasons in the main are a result of delay in agreeing care packages.

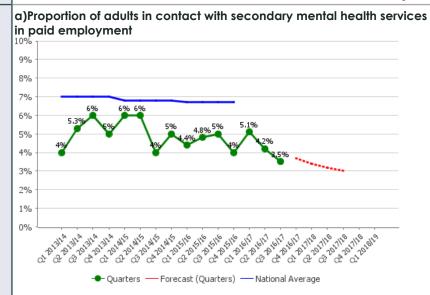
	What we will achieve in 2016-17	What we will do next period
ACTION PLAN	For 2016/17 the action plan will address the 5 Key Areas of Focus as presented in Dementia Strategy for Doncaster, Getting There, launched in March 2015. These are: • Raising Awareness and reducing stigma – Information, Advice and Signposting, • Assessment and Treatment, • Peri and Post Diagnostic Support, • Care Homes • End of Life.	 Finalise the 'Admiral pilot' evaluation which is being independently completed by Sheffield Hallam University. Agree with partners the strategic direction for dementia post March 2017 (post strategy)

This will ensure we build on the success of 2015/16 but also address identified gaps and areas for improvement. This year the people of Doncaster will be able

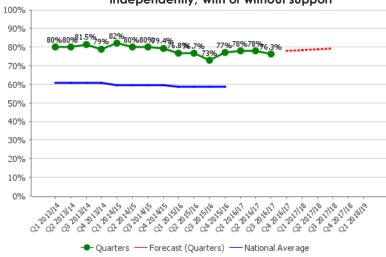
- 1. to access reliable and consistent dementia information and support in a timely manner;
- 2. there will be reduced variance in assessment and treatment pathways ensuring every referral receives an equal, timely and effective response;
- there will be an integrated and co-ordinated support pathway/service for people with dementia and their carers/families before and after diagnosis; more people will live at home with dementia and be in control of their life/care, delaying the need for possible residential care;
- 4. when people with dementia need residential care they receive high quality care locally
- 5. People with dementia will die with dignity and in a place of choice through planned empowerment.



Improve the mental health and well-being of the people of Doncaster ensures a focus is put on preventive services and the promotion of well-being for people of all age's access to effective services and promote sustained recovery.



b) Proportion of adults in contact with secondary mental health services living independently, with or without support

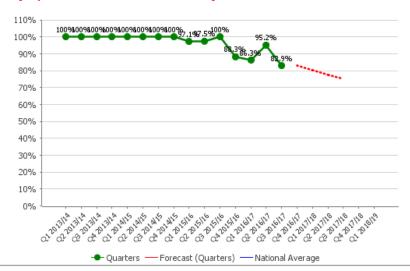


INDICATORS

c) Proportion of People Completing Treatment and Moving to Recovery

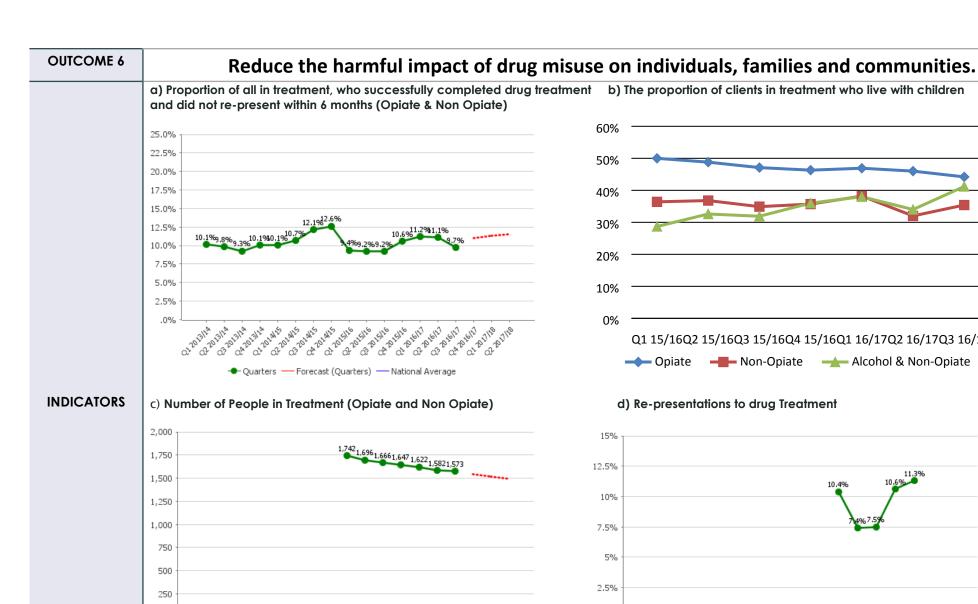


d) CAMHS: % of referrals starting a treatment plan within 8 weeks [Beyond Control Limit Q3 2016-17]



	There is a slight upward trend for both the proportion of adults in secondary mental health accessing paid employment and also the proportion living independently, with or without support. The Paid employment measure is below the national and regional averages and has been so for some time. The proportion of people living independently is consistently better than the national average.		
STORY BEHIND THE BASELINE	The proportion of people completing treatment and moving to recovery has d not statistically significant this period.	ecreased this quarter and the lowest recorded in the past two years but this is	
	RDASH, the main provider, are currently completing an audit of care plans around the advice given to patients in connection with employment. This will allow a greater quality marker on the support provided and also opportunities for work experience/unpaid work. The results of this should be available during Q3 to the early part of Q4.		
	In regards the IAPT recovery rate measure a meeting with the provider, lead Commissioner and Performance Team was held in August and an action plan developed. One of the main reasons for under performance has been identified as increasingly complex patients being referred into the service, some of whom would be more appropriately treated in other settings. Further meetings have been held monthly to review these actions and their impacts.		
	The measure for non-urgent CAMHS referrals has been affected by the capacity of the service in 2016/17 and also increased referrals. The service is now working to resolve this issue through increased staffing. The service is currently extending the weekend sessions as required. Staff are being transferred between clinical pathways and the service is exploring the use of appropriate agency staff to provide additional support with the current referral demands.		
	What we will achieve in 2016-17	What we will do next period	
ACTION PLAN	Continue to implement the recommendations of the Mental Health Review and by doing so, support the delivery of the National Mental Health Agenda: Continue the development and implementation of the Mental Health Development. Programme and pathway redesigns – 3 year development programme (currently in year two) and deliver the principles of the 5 Year Forward View for Mental Health and the National Suicide Prevention Strategy	 Present the Summary Progress Report on the Doncaster Crisis Care Concordat Action Plan to the Health & Wellbeing Board Redesign of the Eating Disorders pathway which will be combined with the new children's planning guidance for improving access for young adults to rapidly access Eating Disorder services locally Redesign of the Attention Deficit Disorder pathway for young people in transition to adult secondary care services and support general 	
	a. Crisis and acute care pathway b. Secondary Care & Community Teams i. Personality Disorder ii. Perinatal Mental Health iii. Eating Disorders iv Attention Deficit Hyperactivity Disorder	 practice to manage people in the community who have ADHD 4. The National Guidance for improved Access to Early Intervention in Psychosis has been published and Doncaster CCG will be working with RDASH to improve access response to 2 weeks from referral. 5. Support the development of a Psychiatric Liaison Service between RDASH and DBHFT. 	
	Collaborate with Public Health to ensure that the Joint Strategic Needs Assessment has a strong focus on mental health and physical wellbeing. Implement the local Crisis Care Concordat Action Plan with regular		

progress reports to the Health & Wellbeing Board

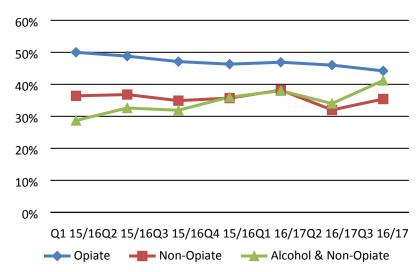


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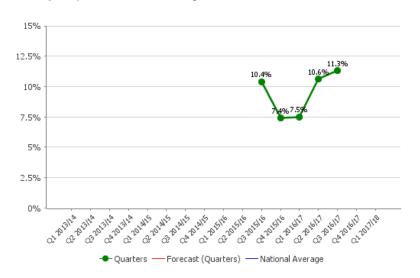
Quarters — Forecast (Quarters) — National Average

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d) Re-presentations to drug Treatment



STORY BEHIND THE BASELINE	Indicator a: Performance remains good for the non-opiate group, but opiate users have not improved performance. Some of the reasons why this is, may be due to lack of recovery capital and complex needs of this client group such as aging opiate users who are somewhat 'stuck' in the treatment system. An action plan with number of opiate user discharges needed at a keyworker level has been developed and agreed with the provider. This indicator is linked to 2.5% of the annual contract value to be measured at 31st December 2016 (top quartile performance to be achieved) Indicator b: It could be argued that a decrease in number of clients in treatment is preferable. However, due to the protective nature of treatment and support, an increase in number of clients in treatment is still a positive outcome for the families affected Measure c: Aiming to increase the proportion of non-opiate users into the treatment system relative to the number of opiate users over the 4 year period of the whole system contract. There is national evidence that numbers of younger (i.e. under 25 years) opiate users is falling, and new drug trends are emerging (New Psychoactive Substance, club drugs, Image and Performance Enhancing Drugs, Over The Counter medication). There is an ageing population of opiate users in the treatment system that have complex health needs that need to be met. Measure d: Representations continue to perform better than target (14%). This means that for at least 6 months people are not coming back into treatment.		
	What we will achieve in 2016-17	What we will do next period	
ACTION PLAN	 Mobilisation of new whole system model delivered by Aspire from A Hidden Harm Strategy is being developed for Doncaster jointly owned by key strategic partners, overseen by the H&WBB with an action plan due to be delivered in 2016/17. Targeted awareness/prevention/education campaign is being devised across Doncaster A new specialist needle/syringe exchange provision has opened across the Aspire service, including phased implementation at community hubs 	 Mobilisation of new whole system model delivered by Aspire from 1st April 2016. Monthly operational group meetings are taking place in order to monitor the developing service. A Hidden Harm Strategy developed for Doncaster jointly owned by key strategic partners, agreed by the H&WBB with an action plan, is due to be amended to include domestic abuse factors. A targeted IPED awareness/prevention/education campaign is being devised targeting gyms across Doncaster and training for gym owners and fitness professionals to be delivered in January 2017 A new specialist needle/syringe exchange provision has opened across the Aspire service, including phased implementation at community hubs 	